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CYSTOSCOPY & PROSTATIC URETHRAL LIFT (UROLIFT)

Providing Specialist Care in South Australia & Northern Territory

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What is a Urolift?

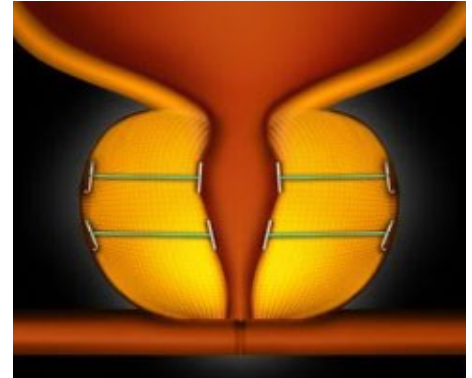
The Urolift System treatment is a minimally invasive approach to treating an enlarged prostate, or BPH, that lifts or holds the enlarged prostate tissue out of the way so it no longer blocks the urethra.

A cystoscopy is performed. This is a procedure where a telescope is used to inspect the urethra (water-pipe), the prostate (in men), and the bladder. A very clear and magnified view can be achieved.

The surgeon then places small permanent tissue retractors into the prostate, holding the enlarged tissue back to relieve urethral pressure and allow urine to flow easier.

The benefits of this surgery is that there is no cutting, heating or removal of prostate tissue. Sexual function is preserved and it does not cause any permanent urinary incontinence.

Either a general anaesthetic or a spinal anaesthetic can be used. It may be a day procedure or possibly an overnight stay. A catheter may be inserted to aid bladder drainage and comfort after the procedure.



Preparing for your procedure

We will provide you with instructions regarding all aspects of preparing for your operation.

- Pre-operative blood and urine tests
- Details of admission to hospital
- Information regarding fasting and medications

Complications

This is generally a very safe procedure with a low risk of complications.

- The chance of infection is <5%
- Significant bleeding requiring readmission to hospital or blood transfusion is <5%
- The chance of an injury or perforation of the bladder is <1%

What to expect afterwards

You are usually able to eat and drink what you like after the surgery. You will be encouraged to maintain a good fluid intake. Pain relief is always available, however, it is not usual to have significant pain after this procedure. You will most likely experience irritation and have a frequent need to urinate afterwards. There will most likely be some blood in the urine which should settle within a few days.

If you have a catheter, it will be attached to a bag which drains urine from the bladder. The catheter will usually be removed the following day. A combination of the surgery and the catheter can cause bladder irritation and sometimes bladder spasm. After removal of the catheter, there will most likely still be some blood in the urine. Once we can see that you are passing urine satisfactorily then you are able to go home. You will be given pain relief if required and antibiotics if necessary to take home with you.

